

# christ kaleidoscope

# Fifth Sunday After Epiphany

February 4, 2024

Jesus Savior pilot me Over life's tempestuous sea Unknown waves before me roll Hiding rock and treacherous shoal Chart and compass come from thee, Savior pilot me

#### **Jesus, Savior Pilot Me**

By Edward Hopper, John E. Gould

#### **Call to Worship**

Though the sea be smooth and bright Sparkling with the stars of night And my ship's path be ablaze With the light of halcyon days Still I know my need of Thee, Savior pilot me

#### Jesus, Savior Pilot Me

By Edward Hopper, John E. Gould

#### **Call to Worship**

As a mother stills her child Thou can hush the ocean wild Boist'rous waves obey Thy will When Thou say'st to them "Be still" Wondrous sovereign of the sea, Savior pilot me

#### Jesus, Savior Pilot Me

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#### **Call to Worship**

When at last I near the shore And the fearful breakers roar Twixt me and the peaceful rest Then while leaning on thy breast May I hear Thee say to me, "I will pilot thee."

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#### **Call to Worship**



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# Psalm 147:1-11, 20c

- 1 Praise the Lord!
- For it is good to sing praises to our God; for it is pleasant, and a song of praise is fitting.
- 2 The Lord builds up Jerusalem; he gathers the outcasts of Israel.
- 3 He heals the brokenhearted and binds up their wounds.
- 4 He determines the number of the stars; he gives to all of them their names.
- 5 Great is our Lord, and abundant in power; his understanding is beyond measure.

# Psalm 147:1-11, 20c

- 6 The Lord lifts up the humble; he casts the wicked to the ground.
- 7 Sing to the Lord with thanksgiving; make melody to our God on the lyre!
- 8 He covers the heavens with clouds; he prepares rain for the earth; he makes grass grow on the hills.
- 9 He gives to the beasts their food, and to the young ravens that cry.
- 10 His delight is not in the strength of the horse, nor his pleasure in the legs of a man,

# Psalm 147:1-11, 20c

11 but the Lord takes pleasure in those who fear him, in those who hope in his steadfast love.

20 Praise the Lord!

Son of God who came to us
Became like creatures made from dust
God who meets us
In the ashes
God who comes to raise us up

# **Always Be Enough**

By Tim Hughes, Glenn Packiam, Tom Read

# Praise Through Song

When we are weak and we are frail Feet may falter, strength will fail God will meet us In the ashes God will come to raise us up

# Always Be Enough

By Tim Hughes, Glenn Packiam, Tom Read

# **Praise Through Song**

Emmanuel
Here with us
You will always be enough
Unfailing God
Perfect love
You will always be enough

# **Always Be Enough**

By Tim Hughes, Glenn Packiam, Tom Read

# **Praise Through Song**

You bore our sins upon the tree
To give us healing, to set us free
Send Your Spirit
Breathe upon us
Speak the Word that brings us peace.

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# Praise Through Song

Emmanuel
Here with us
You will always be enough
Unfailing God
Perfect love
You will always be enough

# **Always Be Enough**

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# Praise Through Song

Praise the One, the King of Glory You came low to raise us up This is our song, this is our story You will always be enough

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# **Praise Through Song**

Emmanuel
Here with us
You will always be enough
Unfailing God
Perfect love
You will always be enough

# **Always Be Enough**

By Tim Hughes, Glenn Packiam, Tom Read

# Praise Through Song

The splendor of the King, clothed in majesty Let all the earth rejoice, all the earth rejoice He wraps himself in light and the darkness tries to hide And trembles at His voice, and trembles at His voice

#### **How Great is our God**

By Chris Tomlin, Ed Cash, Jesse Reeves

# **Praise Through Song**

How great is our God, sing with me How great is our God, and all will see How great, how great is our God

#### **How Great is our God**

By Chris Tomlin, Ed Cash, Jesse Reeves

# **Praise Through Song**

Age to age he stands and time is in his hands Beginning and the end, beginning and the end The Godhead, three in one, Father, Spirit, Son The lion and the lamb, the lion and the lamb

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# **Praise Through Song**

How great is our God, sing with me How great is our God, and all will see How great, how great is our God

#### **How Great is our God**

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# **Praise Through Song**

Name above all names, worthy of all praise My heart will sing how great is our God

#### **How Great is our God**

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## **Praise Through Song**

How great is our God, sing with me How great is our God, and all will see How great, how great is our God

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# **Praise Through Song**

If you are a guest, please do not feel obliged to give. If you would like to and are able:

Checks can be made payable to **Kaleidoscope Church** and mailed to:

17 Silver Fern Irvine CA 92603

Or you can place physical checks and cash in the offering box at the back of church.

#### Or you can give using QR code:



# Offering

The discipline of offering helps loosen our grip on that which has the power to possess us, inviting us into the weekly practice of generosity, gratitude and simplicity.

If you are a guest, please do not feel obliged to give.

Checks can be made payable to:

God sent his Son, they call him Jesus He came to love, heal and forgive He lived and died to buy our pardon An empty grave is there to prove my Savior lives!



#### **Because He Lives**

By Gloria Gaither, William J. Gaither

#### Offering

The discipline of offering helps loosen our grip on that which has the power to possess us, inviting us into the weekly practice of generosity, gratitude and simplicity.

If you are a guest, please do not feel obliged to give.

Checks can be made payable to:

Because he lives, I can face tomorrow Because he lives, all fear is gone Because I know he holds the future And life is worth the living, just because he lives!



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And then one day, I'll cross that river
I'll fight life's final war with pain
And then as death gives way to vict'ry
I'll see the lights of glory and I'll know he lives!



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Because he lives, all fear is gone
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And life is worth the living, just because he lives!
And life is worth the living, just because he lives!



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# Prayer of Thanksgiving

LEADER: The peace of Christ be with you.

**PEOPLE: And also with you.** 

#### Greeting

Let us now take a few minutes to greet one another in the peace of the Lord.





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# Fifth Sunday After Epiphany

February 4, 2024

# **Ash Wednesday Service**

**When:** February 14

Time: 7PM

Where: Las Lomas Community Center

We'll be taking some time to prepare ourselves for Lent by looking at how we can reorient our lives toward the good life. We hope you can make space to join us we along with the church universal begin our 40-day journey toward the death of Christ on Good Friday and his resurrection on Easter Sunday.

# **Prayer of Illumination**

Almighty God,

In you are hidden all the treasures of wisdom and knowledge.

Open our eyes that we may see the wonders of your Word, and give us grace that we may clearly understand and freely choose the way of your wisdom.

Amen.

**Hearing God's Word** 

- Have you not know?
  Have you not heard?
  Has it not been told you from the beginning?
  Have you not understood since the earth was founded?
  He sits enthroned above the circle of the earth, and its people are like grasshoppers.
  He stretches out the heavens like a canopy,
- 23 He brings princes to naught and reduces the rulers of this world to nothing.

and spreads them out like a tent to live in.

- 24 No sooner are they planted, no sooner are they sown, no sooner do they take root in the ground, than he blows on them and they wither, and a whirlwind sweeps them away like chaff.
- 25 "To whom will you compare me? Or who is my equal?" says the Holy One.
- 26 Lift up your eyes and look to the heavens: Who created all these?

He who brings out the starry host one by one and calls forth each of them by name. Because of his great power and mighty strength, not one of them is missing.

27 Why do you complain, Jacob?Why do you say, Israel,"My way is hidden from the Lord; my cause is disregarded by my God"?28 Do you not know?Have you not heard?

- The Lord is the everlasting God, the Creator of the ends of the earth.
- He will not grow tired or weary, and his understanding no one can fathom.
- 29 He gives strength to the weary and increases the power of the weak.
- 30 Even youths grow tired and weary, and young men stumble and fall;
- 31 but those who hope in the Lord will renew their strength.

They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint.

READER: The Word of the Lord.

ALL: Thanks be to God.

29 As soon as they left the synagogue, they went with James and John to the home of Simon and Andrew. 30 Simon's mother-in-law was in bed with a fever, and they immediately told Jesus about her. 31 So he went to her, took her hand and helped her up. The fever left her and she began to wait on them.

32 That evening after sunset the people brought to Jesus all the sick and demon-possessed. 33 The whole town gathered at the door,

34 and Jesus healed many who had various diseases. He also drove out many demons, but he would not let the demons speak because they knew who he was.

35 Very early in the morning, while it was still dark, Jesus got up, left the house and went off to a solitary place, where he prayed. 36 Simon and his companions went to look for him, 37 and when they found him, they exclaimed: "Everyone is looking for you!"

38 Jesus replied, "Let us go somewhere else—to the nearby villages—so I can preach there also. That is why I have come." 39 So he traveled throughout Galilee, preaching in their synagogues and driving out demons.

READER: The Gospel of our Lord.

ALL: Praise to you, O Christ.

# Prayer, Work and the Good Life

Ken Hsu

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## Structure of Mark 1:29-39

**A:** Vv 29-34: Work

**B:** Vv 35-37: Prayer

**A:** Vv 38-39: Work

## **Structure of Mark 1:29-39**



(How to Live on 24 Hours a Day, 1910)

Now the great and profound mistake which my typical man makes in regard to his day is a mistake of general attitude, a mistake which vitiates and weakens two-thirds of his energies and interests. In the majority of instances he does not precisely feel a passion for his business; at best he does not dislike it. He begins his business functions with reluctance, as late as he can, and he ends them with joy, as early as he can[...]

(How to Live on 24 Hours a Day, 1910)

Yet in spite of all this he persists in looking upon those hours from ten to six as "the day," to which the ten hours preceding them and the six hours following them are nothing but a prologue and epilogue. Such an attitude, unconscious though it be, of course kills his interest in the odd sixteen hours, with the result that, even if he does not waste them, he does not count them; he regards them simply as margin.

(How to Live on 24 Hours a Day, 1910)

This general attitude is utterly illogical and unhealthy, since it formally gives the central prominence to a patch of time and a bunch of activities which the man's one idea is to "get through" and have "done with." If a man makes two-thirds of his existence subservient to one-third, for which admittedly he has absolutely no feverish zest, how can he hope to live fully and completely? He cannot.

## The Anxious Life

**Busyness** 

Distraction

**Busyness** 

## Prayer

Any cognitively demanding activity directed toward God.

## **Prayer**

Focused attention directed toward God over an uninterrupted block of time.

(How to Live on 24 Hours a Day, 1910)

One of the chief things which my typical man has to learn is that the mental faculties are capable of a continuous hard activity; they do not tire like an arm or a leg. All they want is change—not rest, except in sleep.

## **Tips for Reading**

- 1. Your mind needs it.
- 2. Set aside a specific time
- 3. Uninterrupted block (30-45 min)

Surely I am with you always; to the very end of the age.

Jesus

Mt 28:20

#### **Silence**

Take a moment to pause in silence and tend to God's still small voice.

## **Prayer of Confession**

Most merciful God,

We confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone.

We have not loved you with our whole heart; we have not loved our neighbors as ourselves.

#### [Pause for Reflection]

We are truly sorry and we earnestly repent.

For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name.

Confession

In the hands of grace, con

Amen.

In the hands of grace, confession becomes for us a gift to help realign ourselves with God's good intentions for us.

#### **Assurance of Pardon**

Since we are justified by his faithfulness, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand.

**Romans 5:1-2** 

All: Thanks be to God.

#### **Confession**

In the hands of grace, confession becomes for us a gift to help realign ourselves with God's good intentions for us. The Lord Jesus, on the night he was betrayed, took bread, and when he had given thanks, he broke it and said, "This is my body, which is for you; do this in remembrance of me."

In the same way, after supper he took the cup, saying, "This cup is the new covenant in my blood; do this, whenever you drink it, in remembrance of me." For whenever you eat this bread and drink this cup, you proclaim the Lord's death until he comes.

1 Corinthians 11:23-26

#### **Eucharist**

The term Eucharist literally means "good gift." In gathering around the bread and the cup we celebrate together God's good gift of himself to us.

Each of us has sinned
Turned our back on Him
Fallen far from the glory of God
Still You made a way
Called us out by name
Now we know the love of our God

#### For the Life of the World

By Glenn Packiam, Jon Egan

#### **Eucharist**

Come receive the bread and cup. When you have been served return to your seat with elements in hand. When everyone has been served we will eat and drink together.

For us and for our salvation You came from heaven to earth For love You carried the cross, Crucified for the life of the world

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Up from the grave
You arose
Lifted high, Jesus
You will come again
You will reign
Jesus, reign!

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Come receive the bread and cup. When you have been served return to your seat with elements in hand. When everyone has been served we will eat and drink together.

For us and for our salvation You came from heaven to earth For love You carried the cross, Crucified for the life of the world

Alleluia, what a Savior! Alleluia! Alleluia, what a Savior! Alleluia!

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Come receive the bread and cup. When you have been served return to your seat with elements in hand. When everyone has been served we will eat and drink together.

## The Lord's Prayer

Amen.

Our Father in heaven, Hallowed be your name. Your kingdom come, your will be done, on earth as it is in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Lead us not into temptation, but deliver us from the evil one. For yours is the kingdom and the power and the glory, forever and ever.

God is my Shepherd I won't be wanting, I won't be wanting He makes me rest In fields of green, with quiet streams Even though I walk Through the valley, of death and dying I will not fear Cause You are with me, You are with me

## The House of God, Forever

By Jon Foreman

## Song of Response

Let this song be a response to what God has spoken to you this morning.

Your Shepherd's staff
Comforts me
You are my feast
In the presence of enemies
Surely goodness
Will follow me, follow me
In the house of God forever

## The House of God, Forever By Jon Foreman

**Song of Response**Let this song be a response to what God has spoken to you this morning.

## **Benediction**

May today there be peace within.

May you trust God that you are exactly where you are meant to be.

May you not forget the infinite possibilities that are born of faith.

May you use those gifts you have received and pass on the love that has been given to you.

May you be content that you are a child of God.

Let this presence settle into your bones and allow your soul the freedom to sing, dance, praise and love.

It is there for each and every one of us.

Teresa of Ávila

#### **Benediction**

A benediction is a "good word." As you go back out into the world may you receive God's good word of blessing on you.



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